

WE NEED YOU! TO MAKE IT HAPPEN

DAY OF SERVICE SATURDAY, MARCH 30

Camilla Hall _____	<input type="checkbox"/>
St. Johns' Hospice _____	<input type="checkbox"/>
BVM Food Cupboard _____	<input type="checkbox"/>
Make Dinner for Homeless _____	<input type="checkbox"/>
Serve Dinner to Homeless _____	<input type="checkbox"/>
Make 10 Sandwiches _____	<input type="checkbox"/>
Pray at Planned Parenthood _____	<input type="checkbox"/>
Oversee Kid's Crafts _____	<input type="checkbox"/>
Volunteer at Quadrangle _____	<input type="checkbox"/>
Visit at St. Francis Nursing House _____	<input type="checkbox"/>
Make a Blessing Bag _____	<input type="checkbox"/>
Make a Shower Kit _____	<input type="checkbox"/>
Food Packing Shift _____	<input type="checkbox"/>

Please sign up with Contact Person listed for specific service activity or contact Jean Murray at 610-449-3000 or

shpmurray@comcast.net

You may also return to the Parish Center via mail, fax or collection basket

NAME _____

PHONE: _____

Email: _____



BLESSING BAG & SHOWER KITS ARE NEEDED AT AREA SHELTERS

MAKE AT HOME & DROP OFF TO EVERETT HALL MARCH 30 (9:30 - 11:30AM)

BLESSING BAG (Plastic Ziploc Bag)

- Water Bottle
- Socks
- Protein cereal Bar
- Crackers
- Tissues
- Cough drops
- Hand cream / chapstick
- Raisins
- A few bandaids

OR

SHOWER KIT (Plastic Ziploc Bag)

- Washcloth
- Trial size shampoo
- Soap
- Deodorant
- Shaving cream
- Disposable razor
- lotion

Lord, open my eyes
to the needs of others
& show me how
I can make a
difference
during Lent
& all year round.



**LENTEN
DAY OF SERVICE**

MARCH 30, 2019

SACRED HEART PARISH

SACRED HEART PARISH LENTEN DAY OF SERVICE Saturday, March 30

HOW MANY PARISHIONERS CAN PERFORM AN ACT OF SERVICE ON THIS PARISH-WIDE DAY OF SERVICE?

ALL ARE INVITED TO PARTICIPATE!

Consider signing up for one of these organized opportunities **OR** feel free to initiate an act of kindness individually or with others

At CAMILLA HALL

- ◆ **10 - 15** Volunteers
(Adults & Children age 8+ with adult)
9:00am - 12:00 noon
(includes Mass at 10:30am)
- ◆ Light cleaning / wiping down wheelchairs, etc
- ◆ Sharing smiles with Sisters

*Carpool or drive on your own

Contact Sister Bridget at 610-449-3000 or
shpmccullough@comcast.net

FOOD CUPBOARD AT BVM DARBY

- ◆ **2 - 3 VOLUNTEERS**
9:30 - 11:30am
- ◆ Help to Sort food donations and organize shelves

Contact Jean Murray at 610-449-3000 or
shpmurray@comcast.net

PRAY AT PLANNED PARENTHOOD UPPER DARBY

- ◆ **9:30 - 10:30am**
- ◆ Witness for Life, praying the Rosary

Meet at the Parish or at the site
Contact Lorraine Williams at
lorrainemwilliams@icloud.com

DONATE CLOTHING & USABLE HOUSEHOLD ITEMS

- ◆ **9:00am - 12:00 noon**
Benefits Society of St. Vincent de Paul
Green Drop Truck will be in school yard

CONNECT-BY-NIGHT Dinner Project

- ◆ **4 individuals 9:30 - 11:30am**
to make pasta casserole in Everett Hall
- ◆ **5 individuals** needed to make 10 peanut butter & jelly sandwiches and drop off to Everett Hall by 10:30am
- ◆ **5 - 6 individuals 8:30 - 10:30pm**
to serve pasta casserole dinners to Connect By Night homeless at Riverview Church in Drexel Hill
- ◆ Donations of snack/drink items will also be needed. See "Sign-Up Genius" or upcoming bulletins for list of items.
- ◆ To sign up or for more specific information, call or text Chris Barnes at 610-731-5500 or email her at **8barnes@gmail.com**

CONNECT-BY-NIGHT provides overnight shelter for homeless individuals in churches throughout eastern Delaware County.

At THE QUADRANGLE, HAVERFORD

- ◆ **4-6 Volunteers 10:00am - 12:00 noon**
- ◆ Join residents at social activity:
Bingo, trivia, craft

At ST. FRANCIS CENTER, LANSDOWNE

- ◆ **5 - 6 volunteers 10:00am - 12:00 noon**
- ◆ Visit nursing home residents; share conversation and present shawls & blankets crocheted by Prayer Shawl Ministry
Contact Jean Murray at 610-449-3000 or
shpmurray@comcast.net

At ST JOHN'S HOSPICE

- ◆ **3 - 4 able-bodied individuals**
10:30am - 12:30pm (approx.)
- ◆ For heavy cleaning of refrigerated truck which picks up frozen casseroles from parishes.
Contact Jean Murray at 610-449-3000 or
shpmurray@comcast.net

KINDNESS CRAFTS IN EVERETT HALL

- ◆ **5 - 6 Teen/Adults 9:00 - 11:00am**
- ◆ Oversee & assist craft service projects
- ◆ Children will be invited to stop by Everett Hall to make a card or craft for for homebound Parishioners and nursing homes

Contact Jean Murray at 610-449-3000 or
shpmurray@comcast.net

KIDS AGAINST HUNGER HELP PACK 100,000 LIFE SAVING MEALS FOR PHILABUNDANCE

PACKING EVENT IN BROOMALL, PA
2 shifts: 10:00am-12:00n / 12:30 - 2:30pm
ALL AGES WELCOME!

- ◆ Contact Heather LaPierre at 484-995-7730
- ◆ *Sign-Up Genius link on Kids Against Hunger Philadelphia FaceBook Page*

If these activities do not fit your schedule, make an extra effort to serve another in any way that is best for you:

Visit or call a grandparent, family member or neighbor. Make a meal or cookies for someone in need. Share extra smiles.

Be Creative! Take Initiative!